

	DAIRY	EGG	GLUTEN	SOY	NUTS	ONION	GARLIC	SESAME	SHELLFISH	LUPIN
BURGERS										
BARE BETTY	x	x	o	x	o	x	x	o	o	o
BETTY'S CLASSIC	x	x	x	x	o	x	x	o	o	o
BETTY'S CLASSIC VEGAN	o	o	o	x	o	x	x	x	o	o
BETTY'S CLASSIC PLANT	x	x	x	x	o	x	x	o	o	o
BETTY'S DELUXE	x	x	x	x	o	x	x	o	o	o
BETTY'S DOUBLE	x	x	x	x	o	x	x	o	o	o
CHICKEN SUPREME	x	x	x	x	o	x	x	o	x	o
CRISPY CHICKEN	x	x	x	x	o	x	x	o	x	o
GRILLED CHICKEN	x	x	x	x	o	x	x	o	o	o
KIDS BEEF	x	x	x	x	o	x	x	o	o	o
KIDS CHICKEN	x	x	x	x	o	x	x	o	x	o
KITCHEN'S BURGER	x	x	x	x	o	x	x	o	x	o
NOOSA SURF CLASSIC	x	x	x	x	o	x	x	o	x	o
SHROOM BURGER	x	x	x	x	o	x	x	o	x	o
SPICY CHICKEN	x	x	x	x	o	x	x	o	x	o
BURGER BUN	x	x	x	o	o	o	o	o	o	o
VEGAN BUN	o	o	o	o	o	o	o	o	o	o
EXTRAS										
CHEESE	x	o	o	x	o	o	o	o	o	o
BACON	o	o	o	o	o	o	o	o	o	o
BEEF PATTY	o	o	o	o	o	o	o	o	o	o
BEETROOT	o	o	o	o	o	o	o	o	o	o
CRISPY CHICKEN	o	x	x	o	o	x	x	o	x	o
CRISPY STRIPS	o	x	x	o	o	x	x	o	x	o
FRENCH FRIES	o	o	o	o	o	o	o	x	o	o
FRIED EGG	o	x	o	o	o	o	o	o	o	o
FRIED PRAWNS	o	o	x	o	o	x	x	o	x	o
GRILLED CHICKEN	o	x	o	o	o	o	x	o	o	o
ONION RINGS	x	x	x	x	o	x	o	o	x	o
PINEAPPLE	o	o	o	o	o	o	o	o	o	o
PLANT BASED PATTY	o	o	o	x	o	o	o	o	o	o
SHROOM PATTY	x	x	x	x	o	o	x	o	x	o
SMASHED AVOCADO	o	o	o	o	o	o	o	o	o	o
VEGAN PATTY	o	o	o	x	o	x	x	x	o	o
SAUCES										
BBQ SAUCE	o	o	o	o	o	o	x	o	o	o
BETTY'S SAUCE	o	x	o	x	o	x	x	o	o	o
FRENCH'S MUSTARD	o	o	o	x	o	o	o	o	o	o
PLAIN MAYO	o	x	o	o	o	o	o	o	o	o
SRIRACHA MAYO	o	x	o	x	o	x	x	o	o	o
TOMATO SAUCE	o	o	o	o	o	x	x	o	o	o
VEGAN GARLIC MAYO	o	o	o	o	o	o	x	o	o	o
VEGAN SPICY MAYO	o	o	o	o	o	o	o	o	o	o
SALAD										
BETTY'S GARDEN SALAD	o	o	o	o	o	x	o	o	o	o
RED WINE DRESSING	o	o	o	o	o	o	o	o	o	o

	DAIRY	EGG	GLUTEN	SOY	NUTS	LUPIN	SESAME
ICE CREAM							
COCONUT VELVET	x	x	x	x	o	o	o
RICH BROWNIE	x	x	x	x	o	o	o
LAMINGTON	x	x	x	x	o	o	o
CHOCOLATE	x	x	o	o	o	o	o
VANILLA	x	x	o	o	o	o	o
THICK SHAKES							
CARAMEL	x	x	o	x	o	o	o
CHOCOLATE PEANUT BUTTER	x	x	o	o	x	o	o
STRAWBERRY	x	x	o	x	o	o	o
PEANUT BUTTER	x	x	o	o	x	o	o
VANILLA	x	x	o	o	o	o	o
CHOCOLATE	x	x	o	o	o	o	o
KIDS ICE CREAM RECIPES							
KIDS ICE CREAMS - M&Ms	x	x	x	x	o	o	o
KIDS ICE CREAMS - MALTESERS	x	x	x	x	o	o	o
KIDS ICE CREAMS - MERINGUE	x	x	o	o	o	o	o
ICE CREAM RECIPES*							
CHOCOLATE HAZELNUT DONUT*	x	x	x	x	x	o	o
COOKIE BUTTER*	x	x	x	x	o	o	o
LEMON RASPBERRY CHEESECAKE*	x	x	x	x	x	o	o
MIX INS*							
BISCOFF COOKIES*	o	o	x	x	o	o	o
CARAMEL SAUCE*	o	o	o	x	o	o	o
CINNAMON SUGAR*	o	o	o	o	o	o	o
COOKIE BUTTER**	o	o	x	x	o	o	o
GINGER CRUMBLE*	x	x	x	x	o	o	o
GLAZED DONUT*	x	x	x	x	o	o	o
HAZELNUT CRUMBLE*	x	o	x	o	x	o	o
LEMON CURD*	x	x	o	o	o	o	o
M&M'S*	x	o	x	x	o	o	o
MALTESERS*	x	x	x	x	o	o	o
MERINGUE*	o	x	o	o	o	o	o
NUTELLA*	x	o	o	x	x	o	o
NY CHEESECAKE*	x	x	x	o	x	o	o
RASPBERRIES*	o	o	o	o	o	o	o
STRAWBERRY SAUCE*	o	o	o	x	o	o	o
WHIPPED CREAM*	x	o	o	o	o	o	o

*Only available in selected restaurants

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x = The product contains or may contain allergen
 o = May contain traces. The above allergens are not present in this item; however, these allergens are present in some of our supplier products at a manufacturing level.

Betty's Burgers restaurants will endeavour to provide an allergen-free product for its guests; however, Betty's cannot guarantee that these items will be free from traces of these allergens due to potential cross contamination that may occur in restaurant and via our supply chain. If you have an allergy to a specific product, please alert our restaurant team.